

## **Session 2 2003 – Solomon and Valerie**

### **Blues**

week 1.

closed position (face-to-face). weight changes in place. improvised rhythm (musicality). walking forward or backward. turning clockwise. a couple of cross-over grapevine-type patterns. opening up into "promenade" (side-by-side) position and walking forward together.

week 2.

more extensive grapevines.

week 3.

fishtails (one of the the basic movements in groovy blues dancing).

week 4.

tango-esque crossover pattern, à la steven mitchell. the footwork is touch-step-touch-step etc. the leader can cross in front or in back, and lead the follow to do the same or the opposite.