

## **Workshop Descriptions**

**African Dance Performance** (DEC 3) at Tri-C Eastern Campus 7:30 \$5 (not a workshop, but go if you can!) 987-4610.

**Swing Dance with Hepcat Revival** (DEC 3), Lesson @ 8 pm., Dance 9 to 11:30 pm. Timmons Elementary School, 9595 E. Washington St. Bainbridge Twp. 44023 Info: Will Craig @ 440 708-1108.

**African Dance for all levels** (DEC 4) class #1 - Learn part of where swing dancing got its' start – in Africa! African dance and rhythm mixed with partnered European dancing and clogging blended together in Harlem to create swing. Experience the freedom and fun that African dance can bring you! Dress in loose comfy clothing and be ready to dance in bare feet or socks. Mickie Hudson-Koster.

**Beginning Balboa** (DEC 4) class #2 – Learn/refine your basic knowledge of this fun and footwork oriented swing dance that started in Southern California. This dance is known for it's close partnered position and shuffling footwork. Also a good dance to improve lead/follow skills. Great for faster tempos! Marty and Valerie.

**Inline Charleston** (Int) (DEC 5) class #1 – This class will focus on a few entrances and exits into inline as well as several cool moves once you get there! This is also known as tandem Charleston and back to back Charleston. Can be done with Jitterbug and/or Lindy. Marty and Valerie.

**Understanding Swing Music for all levels** (DEC 5) class #2 – AABA?? Does the “one” keep hiding from you? How do you know what dance to do to what music? What makes the music swing? How can you hear the changes and breaks coming in the music? Lecture, discuss, learn, move, and dance in this special workshop with the very musically talented Kate Hedin from the Cleveland Institute of Music. Not to be missed!

**Frankie's Big Apple Routine** for all levels, part 1 (DEC 6) – Learn the first half of this cool non-partnered routine that you have seen around town. Choreographed by Frankie Manning and done in the movie “Keep Punchin’” Marty and Valerie.

**Salsa for all levels** (DEC 7) - Salsa is a distillation of many Latin and Afro-Caribbean dances. Come and join us as Rick Ramos shows us his best moves. If you can Jitterbug, YOU can salsa! Rick Ramos is one of the leading Latin dance teachers and dancers in this area.

**Advanced Balboa** (DEC 8) – Bal/Bal-Swing for the true bal junkies! We have some cool new stuff we want to show you with lots of slides for guys and gals! We really do mean advanced. Marty and Valerie.

**Big Bad Voodoo Daddy** (DEC 9) at The House of Blues \$22 (not a workshop, but you should all go if you can).

**Big Apple** part 2 (you must know part 1 to sign up) (DEC 11) class #1 – The more difficult and lesser known half of the routine. The video of “Whitey's Lindy Hoppers” doing the routine will be shown. Marty and Valerie.

**Jitterbug 101** (DEC 11) class #2 – Get ready for those holiday parties! Cut a rug at the next wedding! Swing in style when you hear a good band! Learn the basic survival skills of the Jitterbug. Tuck turns in open and closed position, ladies' side pass, frisbee, skaters and more! Marty and Valerie.

**California Routine** (int/adv lindy) (DEC 12) class #1 – Fun partnered routine from Frankie. Great performance piece, especially for a troupe! Let's start a troupe! Hmm...The Burning River Rug Cutters?? Marty and Valerie.

**Old School Lindy Styling for leads and follows** (int/adv) (DEC 12) class #2 – Does slip slop, scissors, heels, or kick away mean anything to you? It will when you finish this class! Learn some of these most popular styling moves and more! You may even feel a little Swedish when you finish this class! Marty and Valerie.

**Yoga, Relaxation, and Stretching for all levels** (DEC 13) – Would you like to have better posture, balance, strength, flexibility? (Those would certainly help your dancing!) Yoga will get you on the right track! Dress in loose comfy clothing and bare feet. Bring a sticky mat, big towel, or blanket to class. Jennifer Karabinus.

**Zydeco for all levels** (DEC 14) – This Louisiana based soulful step will get your hips moving! Some folks compare it to Balboa. Lots of Zydeco bands in our area, so lots of opportunities to dance! Will Craig and Sally Smith.

**Argentine Tango for all levels** (DEC 15) - Argentine Tango has been thrilling dancers for more than 100 years. Tango is loved by dancers and audiences for its beauty, passion, drama and excitement. Learning to dance Tango socially is based on improvisational movement and respecting both your partner and the other dancers on the floor. Rick Ramos is one of the leading teachers and dancers in this area. He teaches weekly Thursday classes in Cleveland.

**West Coast Swing for all levels** (DEC 16) - Westies have some of the best moves for being musical and showing off the ladies. Many folks believe that West Coast came from Lindy. So, if you like Lindy, you will love this dance too! West Coast is super fun because it is done to today's popular music. Fred and Tina Price are nationally known West Coast Swing and Hustle dancers and DJs. Come and learn how to strut your stuff!

**Blues for all levels** (DEC 17) – Learn to move to slower tempos in total synch with your partner. How do you move correctly to fill in all that “extra” time? Weight shifts man, weight shifts. Troy Kozee and Laura Grodek.